



Check our specials board or our Facebook page to see our soup of the day and our daily hot dish.

## EXTERNAL CATERING MENU

### CLASSIC SANDWICHES

Sliced Chicken Breast

Sliced Roast Beef

Free Range Egg Mayo

Tuna Mayo

Mature Cheddar Cheese

### SPECIAL SANDWICHES

Tikka Delight;  
Chicken Tikka, Mayo, Mango  
Chutney, Red Onion, Lettuce,  
Coiander, Raita.

Philly Cheese Steak;  
Thinly Sliced Beef, Melted  
Cheese, Jalapenos, Green  
Peppers, Onions.

Veggie Fajitas;  
Onions, Peppers, Fajita  
Seasoning, Sour Cream,  
Cheese.

### DEAL 1 - 4.50/Person

A mix of the classic sandwiches, cakes, crisps and handmade pastries

### DEAL 2 - 5.50/Person

A mix of classic and special sandwiches, cakes, crisps, handmade pastries, coleslaw and side salad.

## MENU



UNITY WELLBEING CENTRE  
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OPEN: MONDAY-FRIDAY 9-2

## BREAKFAST

### PORRIDGE

Cardamon & Banana	1.00
Lynseed & Mixed Berry	1.00
Chocolate & Chia Seed	1.00

### TOAST

Super Fruit & Seed Toast (2 slices with butter)	0.80
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### CRUMPETS

2 Crumpets served with butter	0.80
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### SMOOTHIES

Peanut Butter, Milk, Banana & Oats	1.10
Mixed Berry	1.10



## SANDWICHES

All sandwiches can be toasted on request  
All served with your choice of salad & sauce.

Sliced Chicken Breast	Reg 1.20 Lrg 1.50
Sliced Beef	Reg 1.20 Lrg 1.50
Free Range Egg Mayo	Reg 1.20 Lrg 1.50
Tuna Mayo	Reg 1.40 Lrg 1.80
Mature Cheddar Cheese	Reg 1.20 Lrg 1.50

### SPECIAL SANDWICHES

All sandwiches can be made into wraps

<b>TIKKA DELIGHT</b>	Reg 2.50 Lrg 3.00
Chicken Tikka, Mayo, Mango Chutney, Red Onion, Lettuce, Coriander.	
<b>PHILLY CHEESE STEAK</b>	Reg 2.50 Lrg 3.00
Thinly Sliced Beef, Melted Cheese, Jalapenos, Green Peppers, Onions.	
<b>VEGGIE FAJITA</b>	Reg 2.00 Lrg 2.50
Onions, Peppers, Fajita Seasoning, Sour Cream, Cheese.	

## DRINKS

### PROPER COFFEE

add syrup 0.30 Gingerbread, Hazelnut, Caramel	
Espresso	1.00
Double Espresso	1.20
Americano	1.00
Latte	1.00
Cappucino	1.00

### TEA

Yorkshire Tea (With Milk)	0.60
Peppermint Tea	0.60
Chamomile Tea	0.60
Rosehip Tea	0.60

### COLD DRINKS

Can Of Pop	0.75
Bottles	1.00
Water	0.50

### FRESHLY PRESSED JUICES

Carrot & Orange	1.00
Apple, Beetroot & Lemon	1.00
Cucumber, Mint & Lime	1.00